

# Traditional Lifestyles Camp



Indigenous Culture Camp

## Class Fun Facts:

Who:  
Grade 4

Teacher:  
Ms. Hunt

**Wolves P.I.C.K**  
(Participation in Indigenous Cultural knowledge):  
Cris Raely Delos  
Santos-Puspos was fantastic and eager to learn new things at Traditional Lifestyles Camp. She listened closely to the elders helped her classmates throughout the day! The Dene Law she followed was: Help each other.

## Winter in Denendeh

We are learning about the different seasons for the **Wìlìdeh** People. In the winter (Xok'e), people traditionally lived in smaller groups often of no more than two to ten families. People had to work hard to gather and show respect to the land, for they knew it was the source of their survival. In winter, hunters used deadfall traps to catch animals for food, fur and snowshoes for winter travel. Games, like mooseball and camouflage, were played to teach hunting skills and skills about strength and endurance. As life was harsh in winter, this was also a time people stayed inside to share food and stories.

## Wìlìdeh Yatı Dialect Language Lesson

Thank You-  
Mahsi Cho

Winter-  
Xok'e

Bush  
Dechjıı

Rabbit  
Gah

Trap  
Ehdzoò

Rabbit Tracks  
Gah keè







## Prayer & Safety

We began the day by learning about camp safety. We then did a class prayer to Creator. We learned about the importance of saying thank you to our Creator for the things we take from the land, the creatures, the elements and the animals that give their life. By offering a gift to the fire, it is believed that the smoke will take our words to Creator.



## Rabbit Snares

We started by checking the toss and pull snares that had been set the day before. Traditionally trappers set a line of snares that they could check each day. We learned about how to make our own ground snares and find the rabbit tracks to follow their path. We then looked at deadfall traps, which are used to catch small game.



## Snowshoeing and Fire building

We used snowshoes at camp. In winter, travelling was mostly done on foot, so many people relied on snowshoes. Snowshoes were used to break trail and clear snow in camp. They are tiring but fun! We also got to build our own fires!



## Food and Games

Back at camp we made bannock and ate Rabbit stew. It was delicious! We played games to show how rabbits use their camouflage to hide from predators.

